

NAD⁺ CELL GENERATOR

NICOTINAMIDE ADENINE DINUCLEOTIDE

The only thing NAD⁺ can do is work to support you!

Increasing your NAD⁺ availability is the greatest investment you can make in yourself today.

This coenzyme is required for the fundamental biological processes that make life possible. NAD⁺ is the cornerstone and foundation for health and wellness throughout the body.



Product description

NAD⁺ is what keeps us alive and well. NAD⁺ provides our body and brain with the foundation it needs to function at peak performance.

When our NAD⁺ levels decline or we have a deficiency we suffer mentally, physically and emotionally. Replenishing your NAD⁺ is the scientific breakthrough reaching new heights in wellness and anti aging.

NAD+ is the 'Master Molecule' that keeps us alive and allows the body to heal and repair itself on a cellular level. NAD+ directly impacts our mental, physical and emotional wellbeing.

NAD+ is essential to our quality of life, without it we cannot function. It directly impacts our mental, physical and emotional wellbeing. Due to stress, illness, poor lifestyle choices and age our NAD levels decline so constant replenishment is needed to remain in optimal mental and physical condition along with slowing down the negative aging process.

Important functions of NAD+

This coenzyme is required for the fundamental biological processes that make life possible. NAD+ is the cornerstone and foundation for health and wellness throughout the body.

- Optimised Mental Health
- Increased Cognitive Function
- Promotes Healthy Aging
- Regenerates DNA and Cellular Repair
- Supercharged Immune System
- Accelerates Muscle Recovery
- Reduces Inflammation
- Increased Physical Energy
- Endurance and stamina levels increase as the metabolism system becomes more efficient.
- Improves Cognitive Functions by Regulating Circadian Rhythm
- Improves memory
- Boost Your Immunity and Recovery
- Support Heart Health by Reducing Oxidative Stress
- Inflammation should be reduced.
- Muscle Gaining and Maintenance
- Healthy Body Mass Index

Supplemental facts and Ingredients



NAD+ IS A COENZYME FOUND IN ALL CELLS AND WHICH PARTICIPATES IN THE BODY'S OXIDATION AND REPAIR PROCESS. PROMOTE CELLULAR METABOLISM AND ENERGY PRODUCTION IN OUR CELLS.

Dietary supplements should not be used as an alternative to a varied diet. The recommended dosage should not be extended. Store at a cool, dry place out of reach of children.

IF PREGNANT, CONSULT YOUR HEALTH-CARE PRACTITIONER BEFORE

Consumer contact:
nordicwell.eu

NICOTINAMIDE
ADENINE
DINUCLEOTIDE

CELL GENERATOR
60 CAPSULES

NAD+

SUPPLEMENT FACTS

Serving size: 1 capsule
Serving per container: 60

| Amount per serving | % DRI* |
|--|--------|
| Nicotinamide Adenine Dinucleotide 200 mg | ** |

* Daily Recommended Intake

** Not Established

OTHER INGREDIENTS: silicon dioxide (E551), magnesium stearate (E470b).

DOSAGE: 1 capsule per day

DIETARY SUPPLEMENT



How to use

Take 1 capsule a day with or without food or as advised by your medical professional.

Take NAD+ together with our NAC to detoxify, repair and restore youth and vitality throughout our entire body.



Warning

The recommended dose should not be exceeded. Dietary supplements should not be used as an alternative to a varied diet. Keep out of the reach of small children. If pregnant or nursing? Please consult your Medical Professional for advice.

Storage

Dry at room temperature.

NAD+ source

NAD+ is a coenzyme found naturally occurring in the body and is derived from vitamin B3 (niacin). NAD+ provides our body with the molecular energy it needs to function everyday and is directly responsible for creating and supporting our entire health and wellbeing.

NAD+ Q&A For increased energy

What can NAD+ do?

NAD+ is a coenzyme that works on a cellular level to repair and restore youth and vitality throughout our entire body.

Is NAD+ found naturally in the body?

NAD+ is found naturally occurring in our bodies but begins to decline as we age, along with unhealthy lifestyle choices, drug/alcohol consumption, chronic disease and mental illness.

Do I need NAD+?

YES! We all need NAD+. The more we have available to our body and brain the more optimized and younger our body feels, looks and functions.

Does NAD+ impact our everyday life?

YES, NAD+ directly impacts our everyday living as it is responsible for our Mental, Physical and Emotional wellbeing.

What happens when you stop taking NAD+?

Your NAD+ levels will naturally begin to decrease, as they normally would without the increased availability of NAD+ via supplementation.

Do we need NAD+ to stay alive?

YES, NAD+ is literally what keeps us alive. Once we run out our heart completely stops beating.

Does NAD+ help with addiction recovery?

Along with many health conditions, elevated NAD+ levels in the body may help those recovering from addictions. As drug and alcohol abuse decreases NAD+ levels, the inability to recover will be high due to the amount of cellular and neurological damage inflicted. Through increased amounts of NAD+ supply to the body, the physical and psychological damage may be repaired, along with promoting healthy recovery from addiction.

Does NAD+ affect Fertility and Conception?

NAD+ has a direct impact on the health and quality of genetic material. Huge amounts of NAD+ is required to conceive a healthy baby and is essential for a safe pregnancy. The higher the amount of NAD+ available the less risk of birth defects and miscarriage.

Does NAD+ impact Libido?

NAD+ supports healthy sexual function and desire impacting stamina, endurance and mood.

NAD+ is essential to your quality of life.

NAD+ naturally works to keep us younger and healthier for longer. The job of NAD+ is to renew, protect and repair our cells along with our DNA. It does this by taking the nutrients we eat and transforming it into the energy we need to live, laugh and enjoy our lives.

NAD+ Stress Factors

There are many factors that contribute to our NAD+ levels declining, such as Age, Stress, Poor Sleep, Excess Sun Exposure, Illness along with Drug and Alcohol Consumption.

NAD+ has long been scientifically proven to be essential to our cellular health and DNA repair. This directly impacts the way we look, live and feel.

As these stress factors contribute to the accelerated decline of NAD⁺, there is also a decline in our physical, mental and emotional wellbeing leaving us susceptible to mental illness, age related disease and the physical break down of our body along with increasing the rate in which we age.

NAD⁺ Promotes Healthy Aging

In the current scenario scientists are discovering new techniques and ways in which the NAD⁺ will help in improving the quality of life. As the age of the person increases the NAD⁺ levels start to decline impacting the energy levels within the body that decreases the person's ability to stay active and gain optimal cellular function.

With the age of the person the NAD⁺ levels start to decline, for instance when a person reaches the age of 50, he may have only half of the NAD⁺ left within their body. Moreover, with the increasing age, for instance when the person will reach the age 80, NAD⁺ levels will decline to only 1% as compared to the young age. Therefore, when the NAD⁺ decreases it accelerates the time of a person towards aging and impacts the ability to live a quality and a healthy life.

Hence, NAD⁺ is the coenzyme that is required for the fundamental biological processes that make healthy life possible. NAD⁺ is the cornerstone for health and wellness throughout the body. It can be easily evaluated that the low numbers of NAD⁺ levels may negatively influence a person's health and the life as well. The scientists are now viewing NAD⁺ as a cutting-edge tool to promote longevity within the lifespan.

NAD⁺ Improves Brain Function and Mental Clarity

The human brain requires the most amount of energy but has the least amount available to it. NAD⁺ plays a significant role in creating energy within our brain. In the cases of depression, substance abuse, anxiety, and alcoholism, the human body requires ample amounts of NAD⁺ to return the brain to optimal health. NAD⁺ is involved in more than 1,000 metabolic reactions that are required for the repair of DNA, long life span, and resources for the restoration of cells. It has been identified that mental illness is significantly due to weak DNA or the depletion of cells within the body. As the brain requires proper circulation of the blood and has millions of cells, NAD⁺ needs to be present efficiently within the brain as it is also a neurotransmitter. NAD⁺ replenishes the brains neurotransmitters resulting in optimized cognitive function, repairing cellular DNA damage, increased mental health and a restored sense of purpose.

NAD+ Boosts Metabolic Function

Because NAD+ plays such an important role in our bodies' energy cycles, having more of it, coupled with a set of enzymes known as 'Sirtuins', allows our cells to be more metabolically efficient. The more NAD+ we have on hand, the more energy our bodies can utilize throughout the day! Furthermore, the less exhausted we feel, the more inclined we are to get out and exercise, which encourages weight loss.

NAD+ Immune Strength and Recovery

NAD+ can be defined as the crucial coenzyme for different metabolic reactions that take place in the living cells. Moreover, the NAD+ availability to the body is very significant for the cell energy production, survival, function of the immunity and most importantly the health factor. NAD+ protects the human body against different diseases while supporting the immune response and by turning the "destructive" cells into "protective" cells. These facts have led the scientists and the practitioners to invest the resources into the NAD+ that is essential for a distressed immune system and supports the human body for long lifetime

NAD+ Conception

Nicotinamide Adenine Dinucleotide (NAD+) is the molecule that is necessary for all living cells within the human body and plays an integral role in generating life and healthy conception. In the case of a pregnant woman, a large amount of metabolic energy is required to generate and sustain the life that is developing in her womb. NAD+ is related to the DNA and cellular communication, when there is a lack it can cause a disruption within the pregnancy mainly due to the low level of energy provided. Due to low levels of NAD+ being present during conception and pregnancy the unborn child has a high risk of birth defects along with a high risk of miscarriage and premature birth. This is one of the major contributing factors babies are born with health complications. Hence, having increased NAD+ available to the body can decrease the risk of infertility, birth defects or the chance of a miscarriage. NAD+ provides the cellular nourishment required to ensure you have a healthy conception and pregnancy.

NAD+ Boosts Liver Function and Detox

Our bodies include a large number of vital cells. We've previously discussed brain cells (which practically do everything for us all of the time, even while we're sleeping), but liver cells are also incredibly important. Our liver serves two purposes: to metabolize and to cleanse. When we help these liver cells, we help processes like hormone and neurotransmitter metabolism, endo-and exotoxin detoxification, as well as preventing the accumulation of fat on the liver.

Furthermore, it promotes a healthy inflammatory response as well as the breakdown of insulin and cholesterol!

NAD+ Physical Performance and Recovery

NAD+ helps the human body to grow with more efficacy allowing the accelerated recovery and repair of our muscles, tissues and organs. NAD+ is the essential component that charges up the power plants or the cells of the body that are required to keep a person healthy and more active. These power plants are called your mitochondria and rely on NAD+ to stay charged and power your cells. Our muscles are full of these mitochondria keeping our muscles healthy and fully functioning. When the mitochondria has high amounts of NAD+ available, the human body can be optimized to operate at peak physical performance. NAD+ quite simply fuels the human body, keeping an individual healthier for a longer period, with a youthful level of energy and stamina. NAD+ is essential in optimizing and maintaining peak physical performance and conditioning.

How does NAD+ deficiency affect the body?

We all require fuel to function as humans. Furthermore, biochemical processes within our bodies provide 90 percent of our body's fuel.

Every cell has a unique function that relies on NAD+ to function properly. Because they produce energy for the human body, these cells are often referred to as "power plants." Your mitochondria are these power plants.

As you metabolize and digest the food you eat, these cells absorb the glucose. To produce what is required, most of these power plants require a specific coenzyme. They are unable to function without this procedure. NAD+ is a coenzyme that your power plants require in order to generate and maintain energy levels.

If you have an NAD+ deficiency, you will not be able to produce enough metabolic energy to power your cells and keep you healthy.

NAD+ is crucial for enabling two key bodily processes. It is required for the synthesis of Adenosine Triphosphate (ATP), the cell's energy currency. Along with the activation of 'Sirtuins,' a family of seven proteins involved in biological processes including:

NAD+ deficiency may lead to

- Anxiety
- Arthritis
- Mental Fatigue
- Chronic Stress
- Depression
- Early Onset Aging
- Early Menopause
- Emotional Distress
- Infertility/Miscarriage
- Fibromyalgia
- Chronic Fatigue
- Memory Loss
- Chronic Illness
- Weak Immune System
- Obesity
- Poor Vision
- Psoriasis / Eczema
- Crohn's Disease / IBS (Irritable Bowl Syndrome)
- Hearing Loss
- Low Sex Drive
- Lack of Focus
- Poor Mobility
- Hair Loss
- Alcoholism
- Addiction
- PTSD (Post Traumatic Stress Disorder)



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