

# BLUEBERRY EYE VISION AND EYE SUPPORT

For eyesight, blueberries are considered a real health cure.



## Product description

Contributes to normal eye and vision function, protects eye cells from oxidative stress, and supports retinal function.

A combination of lutein, resveratrol and concentrated Swedish blueberry.

- **Blueberries** contribute to normal eye and vision function. It also contains anthocyanins, which give blueberries antioxidant properties and protect eye cells from oxidative stress.

This helps the light-sensitive eye cells in the retina. This is because the retina naturally changes with age and an older eye needs three times more

light than a younger one. The blueberries support the function of the retina.

The perfect pair of antioxidant defenders for healthy vision! The free-radical fighting flavonoids in blueberry have made it nature's premier herb for eye health. The carotenoid lutein provides specific antioxidant protection for the macula and other delicate eye tissues. Combined, they make a valuable nutritional contribution for daily vision maintenance.

- **Lutein** is a nutrient in the carotenoid family; in this family, lutein belongs to the xanthophylls. According to recent research, lutein can protect against cataracts and perhaps also against so-called age-related macular degeneration. Both lutein and its close relative zeaxanthin are found naturally in the macula of the eye.
- **Resveratrol** is an antioxidant and a plant polyphenol that is formed by several plants, including in the skin of red grapes, as a defense against attacks by bacteria and fungi. Among other things, resveratrol can help keep arteries healthy and prevent plaque from building up in blood vessels, reduce inflammation, fight obesity, protect an aging heart and even promote mental health in the elderly.

### **Important functions of Blueberry**

- Swedish Wild Blueberry + Lutein + Resveratrol
- A range of antioxidants that have an important function in the eye
- Promotes a healthy and strong retina and macula.
- Promotes healthy eyesight.
- Fights eye fatigue and eye strain.

## Supplemental facts and Ingredients



SUPPORT VISUAL CLARITY AND RETINAL FUNCTION. MAINTAIN EYE HEALTH AND NORMAL VISION. PROVIDE ANTIOXIDANT SUPPORT AND HELP PROTECT THE EYES.

Dietary supplements should not be used as an alternative to a varied diet. The recommended dosage should not be extended. Store at a cool, dry place out of reach of children.

IF PREGNANT, CONSULT YOUR HEALTH-CARE PRACTITIONER BEFORE

Consumer contact:  
[nordicwell.eu](http://nordicwell.eu)

**BLUEBERRY  
LUTEIN  
RESVERATROL**

VISION AND EYE SUPPORT  
90 CAPSULES

**BLUEBERRY EYE**

SUPPLEMENT FACTS	
Serving size: 2 capsules Serving per container: 45	
Amount per serving	% DRI*
Blueberry power	500 mg **
Lutein	10 mg **
Resveratrol	10 mg **

\* Daily Recommended Intake  
\*\* Not Established

OTHER INGREDIENTS: microcrystalline cellulose (E460), magnesium stearate (E470b), stearic acid.

DOSAGE: 1 capsule per day

DIETARY SUPPLEMENT

The bottom right corner of the label features the Swedish flag, followed by three circular certification logos: ISO 9001, HACCP, and GMP.

The recommended dose should not be exceeded. Dietary supplements should not be used as an alternative to a varied diet. Keep out of the reach of small children. Use it with care and speak with a doctor before taking it.

### How to use

1-2 capsules per day. Best taken in the evening.

Take the Blueberry Eye as a daily supplement preferable together with our D3 K2 to obtain additional support for your immune system.

### Warning

The recommended dose should not be exceeded. Dietary supplements should not be used as an alternative to a varied diet. Keep out of the reach of small children.

### Storage

Store in a dry place at room temperature, protect from sunlight

## **Blueberry source**

Enjoy all the good properties of blueberries without having to go out and pick the berries yourself! This supplement is naturally made from real berries.

Blueberries, for example, are rich in beta-carotene, which is a precursor to vitamin A and is needed for vision and mucous membranes to function normally.

## **Blueberries has several Health Benefits**

Blueberries are a Swedish favorite that not only do well in pies and muffins, but are also very nutritious. blueberry powder and dried blueberries provide a concentrated form of all the nutrition that is represented. good for those who want to boost with antioxidants.

Blueberries have a wide range of vitamins and minerals, including vitamins c, e and b6 as well as the minerals iron and magnesium. Several carotenoids are also represented, including beta-carotene which is stored under the skin and converted into vitamin A when needed.

Blueberries have an unusually high value of antioxidants and there are several different varieties represented. The more unusual include anthocyanins, flavonoids and polyphenols.

Antioxidants help protect our cells from the breakdown of free radicals, harmful substances that are constantly present in our bodies, but whose harmful effects are accelerated by bad lifestyle habits such as smoking, sunbathing and burnt food.

In addition to their antioxidant properties, polyphenols also have an antibacterial property which indicates that harmful intestinal bacteria can be fought and thus reduce the risk of inflammation.

Although it is not a miracle cure, it contains antioxidants that can possibly counteract age-related vision problems. The carotenoid lutein occurs in abundant amounts in blueberries and is often used in products intended for vision. lutein is thought to be able to affect cataracts and changes in macular function.

Against stomach problems, blueberries can act as a balancing factor, partly thanks to its content of polyphenols.



**GLUTEN  
FREE**



**GMO  
FREE**



**SUGAR  
FREE**



**LACTOSE  
FREE**



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